



Southwest Charlotte STEM Academy



Mallard Creek STEM Academy

Alliance Preparatory School Inc.

Triannual Wellness Policy Assessment

5/9/2024

Southwest Charlotte STEM Academy Health & Mallard Creek STEM School Health Advisory Council

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If you are interested in being a member of the School Health Advisory Council, please email Robert Schaffer at bschaffer@mcstemacademy.org or Lester Allen at lallen@mcstemacademy.org

As we embark on our triannual assessment of Mallard Creeks and SW Charlotte's Wellness Policy, we recognize the crucial role of the School Health Advisory Council in addressing the following areas that need attention.

Nutrition Standards for Competitive and Other Foods and Beverages

- Food delivery companies such as DoorDash, Uber Eats, or any other company cannot deliver food to students during the school day. Students and parents cannot order food from delivery companies during the school day. A school day is defined as the time from midnight the night before to 30 minutes after school ends. Parents may not bring restaurant food to lunch with their children in the cafeteria.

Mallard Creek STEM and Southwest Charlotte STEM will add language in the student handbook under the cafeteria section, reinstating this policy and providing a link to the Wellness Policy on the school's website.

- Classroom celebrations that include food will be limited to one per month. Food items must comply with federal nutrition guidelines. Mallard Creek STEM and Southwest Charlotte STEM will add this to the parent handbook under the cafeteria section and provide a link to the wellness policy on the school website.

Standards for USDA Child Nutrition Programs and School Meals

- The CN team will set up a culinary council to sample potential new menu items and evaluate current menu items in early September 2024.
- Mallard Creek STEM & Southwest Charlotte STEM will start participating in the farm-to-school produce program during the 24-25 school year.
- Menu nutritional information can be accessed by visiting Mallard Creek STEM and Southwest Charlotte STEM's websites under parents/menu.

School Meal Participation

- Mallard Creek qualified for the Community Eligibility Program for the 23-24 school year. Mallard Creek has seen a 53% increase in breakfast participation and a 60% increase in lunch participation over the same period for the 22-23 school year.
- Southwest Charlotte qualified for the Community Eligibility Program for the 23-24 school year. Southwest Charlotte has seen an 83% increase in breakfast participation and a 40% increase in lunch participation over the same period for the 22-23 school year.

X *Kellen Nixon*

Kellen Nixon Board Chair